

NYS-Ride

NYS-Ride is a negotiated benefit program sponsored by the Governor's Office of Employee Relations (GOER) and administered by WageWorks, Inc., which provides State employees with the opportunity to pay for certain work-related transportation expenses on a pre-tax basis.

WageWorks purchases public transportation fare media (such as bus, subway and vanpool passes, and fare cards) from transit authorities and will mail your selected fare media directly to your home address. Another option is the WageWorks Commuter Card, a stored value card, that allows you to purchase your fare media directly from your transit provider, at your convenience.

Why enroll?

NYS-Ride allows you to save money on your eligible transportation costs. You pay for these expenses through pre-tax payroll deductions and save money each month because no federal, state, city income, Social Security, or Medicare taxes are withheld from the amount you set aside, up to the pre-tax limits set by the federal government.

How can I enroll?

The NYS-Ride program is available to employees of the Executive Branch, Unified Court System, and the Legislature. Part-time employees are eligible as long as their biweekly paychecks can support their NYS-Ride deduction.

<https://goer.ny.gov/nys-ride>
(866) 428-7781

TTY/TDD: (866) 353-8058
commuterhelp@wageworks.com

Worksite Child Care Centers

The NYS Worksite Child Care Centers are licensed by the State of New York and many have achieved national accreditation. Each center is a separate not-for-profit organization with a volunteer board of directors that sets policy and oversees program management.

What is offered?

- Enrollment priority to children of State employees
- Peace of mind that comes from having your child close by
- Infant care, part-time care, toddler, and preschool programs
- Summer day camp programs for school-age children at many centers
- Developmentally appropriate programs
- Assurance your child is in a licensed center
- Opportunity for mothers to return to work and continue nursing
- Opportunities for State employees to serve on a board of directors

A listing and description of each center is on the website.

<https://goer.ny.gov/worksite-child-care-centers>
(518) 473-8091
worklife@goer.ny.gov

Andrew M. Cuomo, Governor, State of New York

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Work-Life Services

Benefits for NYS Employees



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NYS-Ride

Worksite Child Care Centers

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<https://goer.ny.gov/work-life-services>



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Balancing work, home, and life

Employee Assistance Program

The Employee Assistance Program (EAP) is a worksite-based program designed to help State employees deal with everyday issues involved in balancing work and life, as well as more serious problems that may impact work performance.

Specially trained EAP coordinators, located in agencies and facilities statewide, provide State employees, and their family members, with information, individual assessments, customized referrals to community resources and support. EAP services are confidential, voluntary, and at no cost to employees and their families.

EAP can help with:

- Family and relationship problems
- Stress, physical, and emotional concerns
- Alcohol and other drug problems
- Health insurance questions
- Identifying local resources for child care, elder care, legal, and financial services
- Wellness programs to promote healthy living, including WellNYS Everyday www.worklife.ny.gov/wellNYSeveryday

<https://goer.ny.gov/employee-assistance-program>
(800) 822-0244 (available 24/7)
nyseap@eap.ny.gov

Flex Spending Account

The Flex Spending Account (FSA) offers two benefits that allow State employees to pay for expenses with pre-tax salary.

- Dependent Care Advantage Account (DCAAccount) for custodial child, elder, or disabled dependent care expenses necessary to enable you to work
- Health Care Spending Account (HCSAccount) for eligible health care expenses not reimbursed by health insurance or other benefit plans

Why enroll?

Save on federal, state, city, Social Security, and Medicare taxes and keep more hard-earned dollars in your pocket.

How can I enroll?

Eligible State employees enroll during the open enrollment period each fall or during the year if they experience a qualifying Change in Status. Enrollment is fast, easy, and paperless through the FSA website.

<https://goer.ny.gov/flex-spending-account>
(800) 358-7202, option 1
fsa@goer.ny.gov

Pre-Retirement Planning

Pre-retirement planning information is available to Executive Branch employees both online and at seminars. Employees can access a printable online version of the comprehensive Self-Help Guide to Pre-Retirement Planning, a checklist, monthly tips, a resource list, and numerous videos. Full-day seminars provide information on planning and the benefits available to retirees.

What topics are covered

- Planning for retirement
- NYS pension
- Health insurance coverage
- Social Security
- NYS Deferred Compensation Plan
- Medicare

Seminars are held throughout the state for employees who are at least 50 years of age and eligible to retire within 5 years. For more information on seminar schedules, please contact your human resources office.

<https://goer.ny.gov/pre-retirement-planning-information>
(518) 473-8091
worklife@goer.ny.gov

These programs are the result of a collaboration between New York State and the public employee unions.